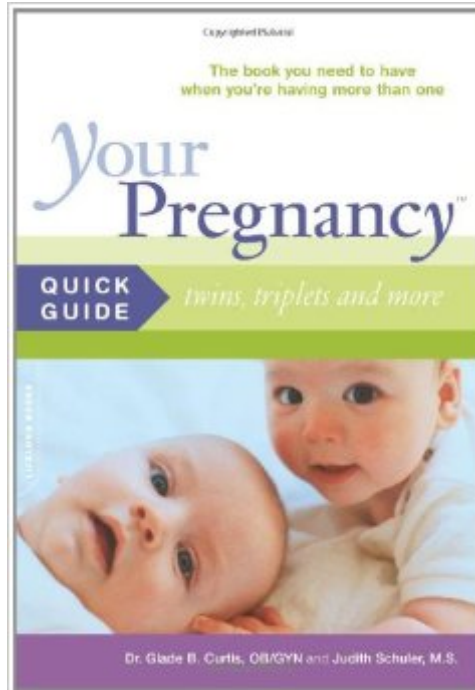


The book was found

Your Pregnancy Quick Guide: Twins, Triplets And More



Synopsis

Explanations of the special tests for mother and babies throughout pregnancy
Information on the nutritional needs and target weight gain for mothers expecting more than one child
From birth presentation to monitoring during labor, what may happen during childbirth
Cesarean-section; the facts
Information about premature birth and how you can protect yourself
Suggestions for coping with pregnancy discomforts
Advice if you're an older mother-to-be or working woman

Book Information

Series: Your Pregnancy Quick Guide

Paperback: 224 pages

Publisher: Da Capo Press (June 28, 2005)

Language: English

ISBN-10: 0738210080

ISBN-13: 978-0738210087

Product Dimensions: 7 x 5 x 0.6 inches

Shipping Weight: 3.2 ounces

Average Customer Review: 3.2 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #2,417,460 in Books (See Top 100 in Books) [#96 in Books > Parenting & Relationships > Family Relationships > Twins & Multiples](#) [#3372 in Books > Health, Fitness & Dieting > Women's Health > Pregnancy & Childbirth](#)

Customer Reviews

If you'd like to know what can go wrong, this is the book for you. It even ends by assuming your children will be very premature. And the 'good, the bad, and the snuggly' sections provide snippets from parents who've had everything from anemia, to conjoined twins, and the double threat of a vaginal delivery for one baby and an emergency ultrasound for the other. Where is the joy? Not in this book. We all know many terrible things can happen, and the internet can help with research of specific issues, which you'd still want to do if you came across something briefly mentioned in the book.

I already had the week by week book for a singleton pregnancy and that book gave more info of what I was looking for. Most the information in this book I had already read on-line or heard through on-line groups. However, I did enjoy the short meal plan it provides! Save the money and research

on your own.

I read this book along with several others when I was pregnant with twins. I don't mind the "negative" twin stories since they are true and people should be aware of things that can go wrong so they deal with it as needed. I took the advice to drink LOTS of water (even when I already felt full) and take fish oil and very good quality prenatal vitamins. My twins were born at 39 weeks and each weighed 7 pounds. I never had swollen legs, bed rest or any pressing issues besides heart burn. I credit this book and truly hope people take their advice as well.

This book scared me of all of the negative things that can happen to me because I am pregnant with twins.

This book was so helpful when I was pregnant with the twins. It gave me information that the regular pregnancy books didn't have. It answered many of my twin questions for a first time mom.

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The Multiple Pregnancy Sourcebook: Pregnancy and the First Days with Twins, Triplets, and More
Your Pregnancy Quick Guide: Twins, Triplets and More
The Everything Twins, Triplets, and More Book: From pregnancy to delivery and beyond--all you need to enjoy your multiples
The Everything Twins, Triplets, and More Book: From pregnancy to delivery and beyond--all you need to enjoy your multiples (Everything's®)
Expecting Twins, Triplets, and More: A Doctor's Guide to a Healthy and Happy Multiple Pregnancy
When You're Expecting Twins, Triplets, or Quads 3rd Edition: Proven Guidelines for a Healthy Multiple Pregnancy
When You're Expecting Twins, Triplets, or Quads: Proven Guidelines for a Healthy Multiple Pregnancy
When You're Expecting Twins, Triplets, or Quads, Revised Edition: Proven Guidelines for a Healthy Multiple Pregnancy
Dad's Guide to Twins: How to Survive the Twin Pregnancy and Prepare for Your Twins
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The Everything Twins, Triplets, And More Book: From Seeing The First Sonogram To Coordinating Nap Times And Feedings -- All You Need To Enjoy Your Multiples (Everything (Parenting))
Magical Multiple Moments: Parents of Multiples Share Stories and Advice

on Raising Happy, Healthy Twins, Triplets, Quads, and More! Pregnancy: The BEST Pregnancy Handbook For First Time Moms And Dads: Pregnancy, Motherhood, Childbirth, Pregnant, Healthy Kids, Healthy Children, parenting, toddlers ... diet, Breastfeeding, Newborn, Infant Care) The Multiples Manual: Preparing and Caring for Twins or Triplets The Baby Bump: Twins and Triplets Edition: 100s of Secrets for Those 9 Long Months with Multiples on Board When You're Expecting Twins, Triplets, or Quads: A Complete Resource (Harperresource Books) When You're Expecting Twins, Triplets, or Quads, Revised Edition Having Twins And More: A Parent's Guide to Multiple Pregnancy, Birth, and Early Childhood

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